



WISCONSIN DIABETES WEEKLY

News and resources compiled by the Wisconsin Diabetes Prevention and Control Program,
a program of the Wisconsin Department of Health Services, Division of Public Health

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If you would like to directly receive this weekly e-newsletter, sign up by sending an e-mail to Pam Geis at GeisPamela@gmail.com.

CONFERENCES, EDUCATIONAL, AND GRANT OPPORTUNITIES

Prevent Blindness Wisconsin Presents – Diabetic Eye Disease Educator Course

On April 23rd staff from Prevent Blindness Wisconsin will offer the Diabetic Eye Disease Educator Course in Madison from 5:00-7:00pm, followed by a Q&A period with Dr. Barbara Blodi. The course is a comprehensive eye health education program designed to teach allied health professionals about the visual system and the signs, symptoms and complications of the secondary diseases of diabetes: diabetic retinopathy, glaucoma and cataracts. The course is approved by the American Association of Diabetes Educators for 2.0 contact hours. The two hour course includes: basic information on diabetes and diabetic eye disease, parts of the eye and the visual system; diabetic retinopathy, cataracts and glaucoma, including information such as risk factors and patient education messages; overall patient education messages about general vision and eye health.

Course participants will receive ten copies of Prevent Blindness Wisconsin's Diabetic Eye Disease Patient Toolkit and a Diabetic Retinopathy office poster. Please see attachment "Diabetic Eye Disease Educator Course Registration Form" for more information, or contact Erica at Prevent Blindness Wisconsin (414) 765-0505 or erica@preventblindnesswisconsin.org.

JOURNAL ARTICLES OF INTEREST

Awareness of Prediabetes – United States, 2005–2010. Li YF, Geiss LS, MA, Burrows NR, et al. *MMWR* 2013;62(11):209-212. To download the article, please go to: <http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6211a4.htm>.

IN THE NEWS

Cardiac Benefits of Physical Activity in Diabetes Studied

Adults with clinical diabetes are more likely to experience cardiovascular death than those without diabetes; however, physical activity may negate the negative impact of diabetes on cardiovascular mortality, according to a study published in the March issue of *Diabetes Care*. To read more, please go to: <http://www.doctorslounge.com/index.php/news/pb/36496>.

Resources from the Wisconsin Diabetes Prevention and Control Program
www.WisconsinDiabetesInfo.org

Millions on Verge of Diabetes Don't Know It: CDC – Only 11 Percent of the 79 million Americans with Prediabetes Aware They Have the Condition

Only 11 percent of the estimated 79 million Americans who are at risk for diabetes know they are at risk, federal health officials reported Thursday. The condition, known as prediabetes, describes higher-than-normal blood sugar levels that put people in danger of developing diabetes, according to the U.S. Centers for Disease Control and Prevention.

To read more, please go to: http://www.nlm.nih.gov/medlineplus/news/fullstory_135161.html.

Note: This paper is referenced in the *Journal Articles of Interest* section above.

Barrier Assessment Improves Care for Elderly With Diabetes

Assessment of barriers to self-care, development of strategies to cope beats usual care

For older adults with diabetes, an active intervention involving assessment of barriers to self-care and development of strategies to cope with these barriers is superior to usual care, according to research published in the March issue of *Diabetes Care*.

To read more, please go to: <http://www.physiciansbriefing.com/Article.asp?AID=674321>.

FROM OUR PARTNERS

JDRF Presents – Living with Type 1: A Family Affair – April 7, La Crosse

JDRF-La Crosse returns with its *Living With Type 1: A Family Affair* on Sunday, April 7 at 12:30 p.m., at the UW-La Crosse Cleary Alumni Center. The event features a steak lunch from Outback Steakhouse. Cost is just \$5 per person. There you can connect with others living with T1D, find out the latest on the artificial pancreas, see products to help you live better with T1D, learn about upcoming events for T1D kids and families and meet the JDRF 2013 Walk Ambassador. You'll also find fun activities for kids and door prizes for the whole family. Last year's event sold out, so be sure to register early at: <http://snurl.com/jdrf-2013>.

Diabetes Camp Medical Volunteers Still Needed! Physicians, RNs, LPNs, Residents, PAs, Dietitians – Two Sessions: June 16-21 or June 23-28

Join for one of the two weeks in the picturesque setting of Wisconsin Lions Camp in Rosholt, Wisconsin. Medical professional duties include supervision of blood sugar checks and insulin injections, instruction of proper injection procedures, adjustment of insulin dosages, and occasional night rounds. Please see and share the attached flyer and job descriptions: "Diabetes Camp Medical Volunteers Needed." For more information, please contact Penny Kasprzak from the American Diabetes Association at (414) 778-5500 ext. 6509, (888) 342-2383 ext. 6509 or pkasprzak@diabetes.org.