



# Overview of CMS's LTSS TA Center

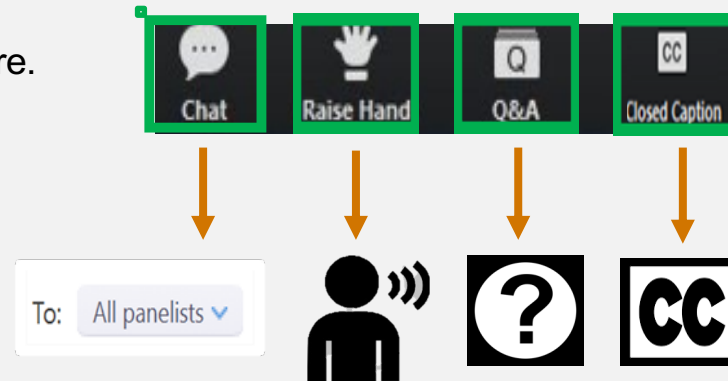
September 28, 2022

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Enjoy the session!





## Disclaimer

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# Today's Presenter



**Anna Whiting Sorrell, MPA**

**Subject Matter Expert**  
Kauffman & Associates, Inc.

# Opening in a Good Way



# Webinar Objectives

- Explain the intent of the LTSS Technical Assistance (TA) Center
- Review the TA Center's sections
- Explore resources available for planning and implementing an LTSS program
- Highlight some of the TA Center's resources

# Centers for Medicare & Medicaid Services (CMS) Division of Tribal Affairs (DTA)

- Works closely with American Indian and Alaska Native (AI/AN) communities and leaders to make sure eligible CMS beneficiaries in Indian Country have access to culturally competent health care
- Collaborates with the Indian Health Service (IHS) and other federal partners to facilitate timely access to quality care

# List of Links on CMS DTA Webpage

- Spotlight
- Tribal Consultation
- All Tribes Calls and Webinars
- Behavioral Health
- Tribal Technical Advisory Group (TTAG)
- Children's Health Insurance Program (CHIP)
- Health Insurance Marketplace
- **LTSS TA Center**
- Medicaid and Indian Health
- Medicare for AI/ANs
- Outreach and Education Resources
- Policy Resource Page
- State Tribal Relations on Health Care
- Trainings
- How to Order Tribal Products



# Long-Term Services and Supports



LTSS help make it possible for elders and people with disabilities to live at home or in the community

# Who is the LTSS TA Center for?

The LTSS TA Center resources support:

- Tribal leaders, tribal health directors, and other key stakeholders involved in LTSS programs
- LTSS program planners, developers, managers, and administrators
- LTSS providers who interact directly with clients



# LTSS TA Center Sections

The LTSS TA Center's resources are divided into 7 major sections:

- LTSS Information
- IHS, Tribal, and Urban Indian (ITU) Program Map
- Program Examples
- LTSS Focus Areas
- LTSS Webinars
- LTSS Newsletter
- LTSS and Dementia



TA Center's URL:

<https://www.cms.gov/Outreach-and-Education/American-Indian-Alaska-Native/AIAN/LTSS-TA-Center>

# LTSS Information



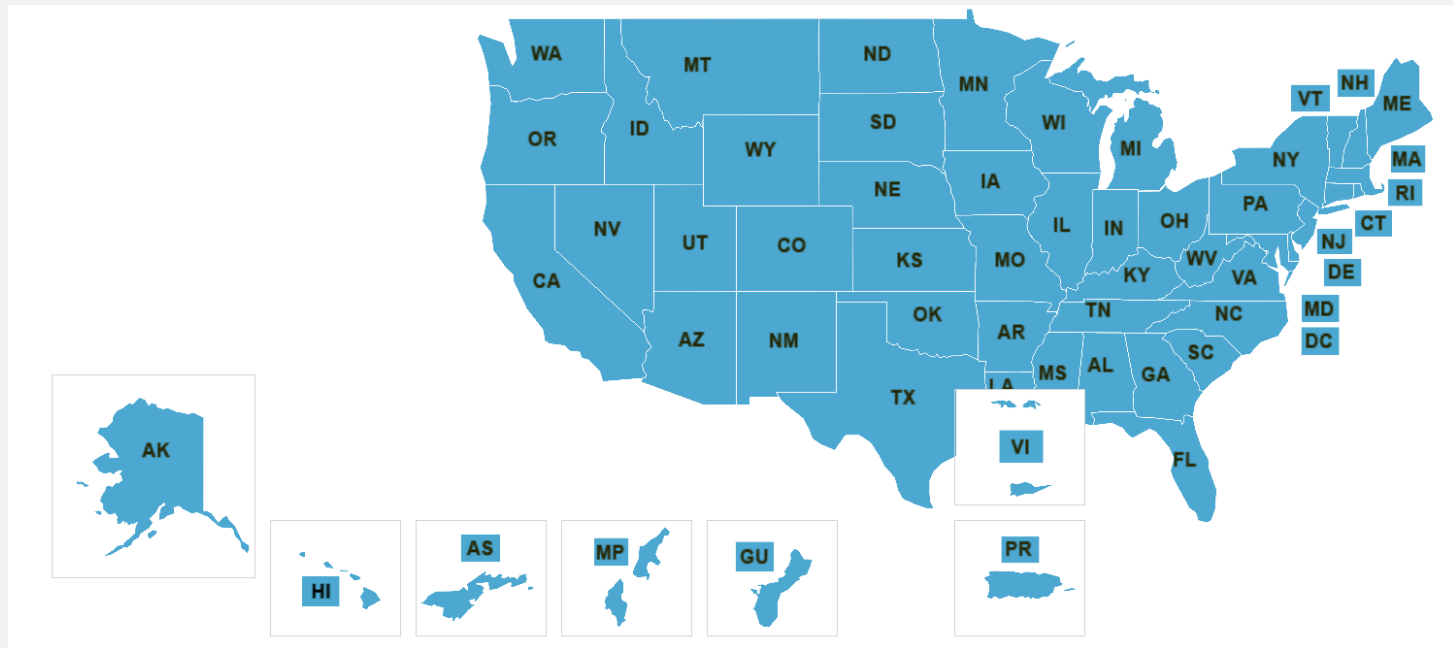
The information library has 2 key topics:

- Planning an LTSS program
- Implementing an LTSS program

Resources include:

- Information for tribal leaders or other community leaders and a toolkit
- Program examples
- LTSS models
- Guidance for working with state and federal agencies
- A step-by-step program planning roadmap
- Information on financing and research
- An interactive map of LTSS programs

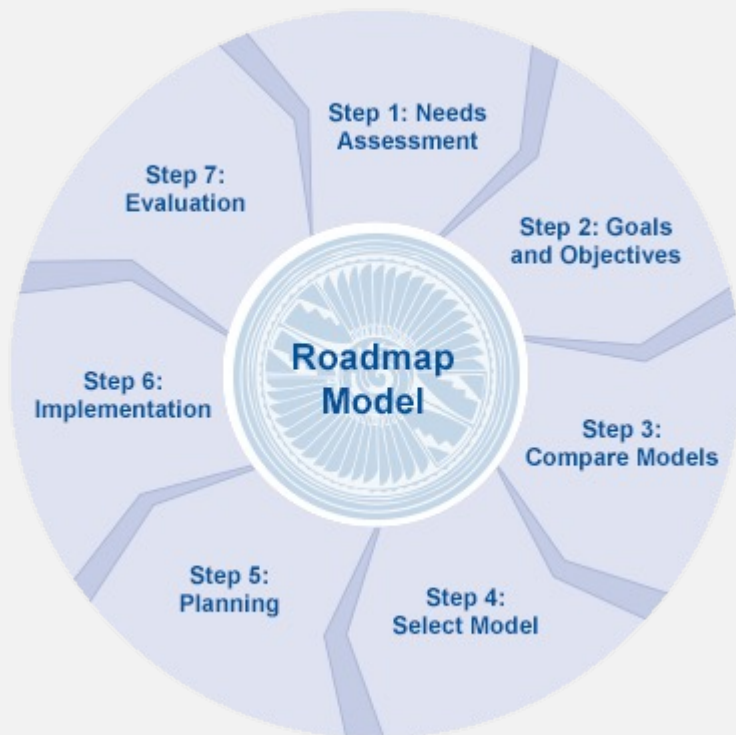
# ITU Interactive Program Map



- In the ITU Program Map, select a state to view a list of service providers organized by city and tribe
- Data include contact information for each program, whether they are a Title VI grantee, and the services provided



# LTSS Planning Roadmap



The LTSS information library includes the following steps for planning and implementing an LTSS program:

- Step 1: Needs Assessment
- Step 2: Goals and Objectives
- Step 3: Compare Models
- Step 4: Select Model
- Step 5: Planning
- Step 6: Implementation
- Step 7: Evaluation

# LTSS Program Examples



The Program Examples section profiles various tribal LTSS programs, including:

- Cherokee Nation Home Health Services, Inc.
- White Earth Long-Term Care Consultation
- Oneida Nation's COP-W Program
- Cherokee Elder Care Program
- Pueblo of Zuni's LTSS Network

It also features the video series, *LTSS Across Indian Country*, which shows how LTSS programs are helping community members across Indian Country

# LTSS Focus Areas

The LTSS Focus Areas section offers research on LTSS for specific groups or needs



Walter Murillo discusses partnerships in the video, “What Works for Us: Building Partnerships and Coordinating Services”

Focus areas include:

- Traditional foods
- Hospice and palliative care
- Caregiver support
- LTSS for Native Veterans
- Elder abuse prevention
- Tribal nursing homes
- Dementia
- Emerging LTSS issues

This section also houses program examples, including brief snapshots and videos of successful programs in Indian Country

# LTSS Webinars

- Topics range from caregiver support to incorporating culture in long-term care settings
- Presenters include subject matter experts and providers in the field
- Typically, webinars take place the fourth Wednesday of the month from 2–3 p.m. Eastern and are archived in the LTSS Webinars section of the LTSS TA Center



# LTSS Newsletter

The LTSS Newsletter section houses the LTSS newsletter archive

The monthly newsletter, American Indian/Alaska Native Long-Term Services and Supports Solutions, provides technical assistance for culturally competent care

It features:

- LTSS news
- Funding opportunities
- Webinar and event announcements
- LTSS TA Center resources

It is designed for:

- Health planners
- Health department or program employees
- Care providers
- Tribal leaders
- Community advocates
- Anyone else interested in LTSS





# Resource Examples: Traditional Foods

Browse through:

## 1 Report

Tribal Nursing Home Best Practices –  
Traditional Foods



The award-winning webinar, Traditional Food Practices for Native American Elder Care, features Donell Barlow

## 5 Webinars

Content includes interviews with health coaches and presentations by Indigenous chefs:

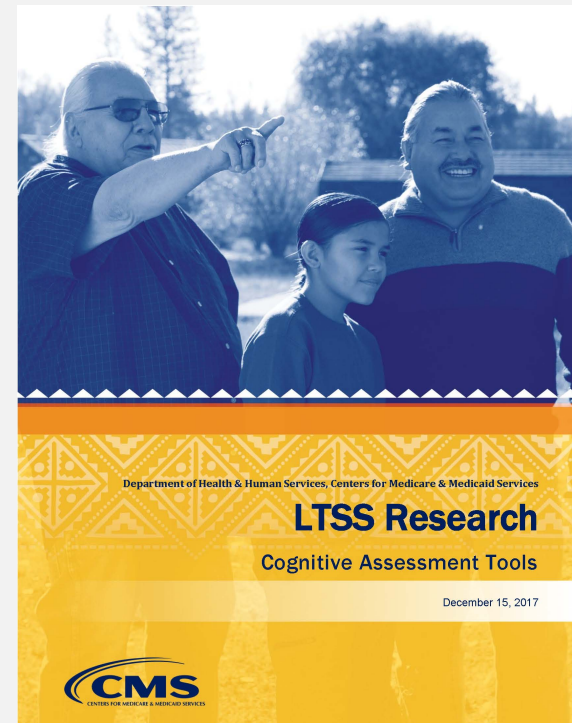
- Traditional Food Practices for Native American Elder Care
- Alaska Native Traditional Foods Movement
- Reclaiming Indigenous Food: Improving Health with Culture
- Traditional Foods for Tribal Elders
- Traditional Foods, Traditional Lives

# LTSS and Dementia

As the number of older adults in Indian Country increases, the need to provide culturally appropriate long-term care to people living with dementia is growing

On this page, find:

- A report on Alzheimer's and dementia in Indian Country
- Resources on the topic of culturally appropriate cognitive assessment tools
- Links to recordings of relevant LTSS webinars



# Resource Examples: LTSS and Dementia

Browse through:

## 2 Overview Reports

- Alzheimer's and dementia
- Best practices for patients with dementia and Alzheimer's disease

## 3 Assessment Tool Reports

- Literature review: Dementia assessment tools in Indian Country
- Best practices report: Cognitive assessment tools
- Emerging LTSS issues report: Cognitive assessments

## 4 Webinars

- Best practices for dementia care
- The Wisconsin Music & Memory Program
- Alzheimer's services and supports for tribal communities
- REACH into Indian Country: Support for dementia caregivers

# Resource Examples: Hospice and Palliative Care

Browse through:

## 1 Report

Literature review—Hospice in Indian Country

## 4 Program Profiles

- Hospice of the Cherokee
- University of New Mexico Palliative Care Tohono O’odham Hospice
- Zuni Home Health Care Agency



## 1 Webinar

Tohono O’odham Hospice: A Model of Tribally Based Skilled Nursing and Hospice Care

## 1 Infographic

Caring for those nearing end-of-life

## 1 Fact Sheet

Hospice and Palliative Care in Indian Country

## 1 Video

Pueblo of Zuni’s LTSS Network

# More Information: How to Use the LTSS TA Center

The LTSS TA Center offers a great deal of information, from introductory content to very complex information

Get an outline of what's available, so you can choose your next steps:

<https://www.cms.gov/Outreach-and-Education/American-Indian-Alaska-Native/AIAN/LTSS-TA-Center/info/how-to-use-the-ta-center>

- Tour the TA Center
- Learn the basics about LTSS
- Find more information on LTSS topics
- Start planning an LTSS program







**Questions?**



## Contact Information

**Anna Whiting Sorrell, MPA**  
**Subject Matter Expert**  
**Kauffman & Associates, Inc.**

[AnnaWhitingSorrell@kauffmaninc.com](mailto:AnnaWhitingSorrell@kauffmaninc.com)





