



Tribal Outreach and Advocacy

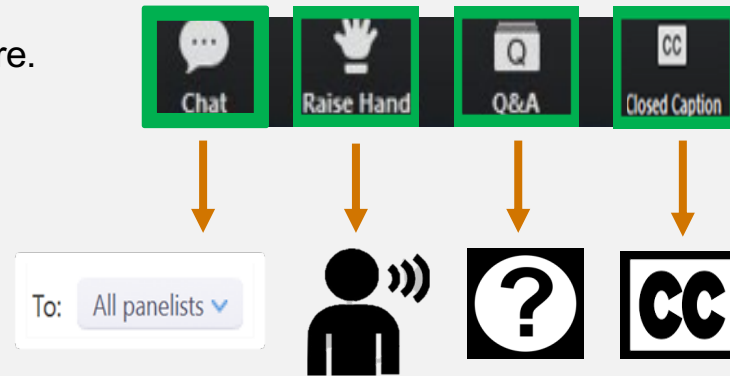
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Today's Presenter



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Nooksack Tribal Member

Tribal Programs Specialist

Northwest Regional Council (NWRC)

Webinar Objectives

- Highlight the culturally appropriate services that NWRC's Tribal Program provides to elders who require personal care and other assistance at home
- Describe the technical assistance that NWRC offers to help tribes plan and coordinate services and resources that address the need for LTSS, Medicaid, and dementia support
- Explain how NWRC provides support to elders and caregivers in tribal communities
- Discuss the information and statistics that NWRC shares with tribal leadership to help enhance policies and programs and better serve the aging population

NWRC Tribal Programs Specialist

- Works with six tribes in Whatcom County and Skagit County
 - Nooksack, Lummi, Upper Skagit, Samish, Swinomish, and Sauk Siuattle
- Develops and maintains working relationships with tribal staff, leadership, and elders
- Helps coordinate services for Native American elders and people with disabilities, using culturally appropriate delivery methods

Tribal Collaboration and Consultation Mandate

- Per the Washington State American Indian Administrative Policy No. 7.01, NWRC follows a government-to-government consultation and participation plan
 - In compliance with Chapter 43.376 RCW, the Washington State Centennial Accord, and the federal Indian policy, as outlined by executive order and the Presidential Memorandum of January 26, 2021, on uniform standards for tribal consultation
- NWRC's goal is to provide human services that will have positive impacts and improve quality of life for those we serve

Technical Assistance and Information

Some of the services offered by the Tribal Programs Specialist include:

- Helping clients find in-home caregivers
- Coordinating and leading efforts to reduce barriers to service accessibility
- Providing assistance and information regarding available programs and services
- Acting as a liaison with off-reservation community groups
- Serving as a liaison between NWRC, the Washington State Department of Social and Health Services (DSHS), and tribes
- Providing information, resources, and supportive services to help guide end-of-life decisions

Technical Assistance and Information (*cont.*)

Some of the services offered by the Tribal Programs Specialist include:

- Providing one-on-one assistance to elders in tribal communities
- Providing assistance and case aide activities in coordination with NWRC case managers and DSHS personnel
- Conducting home visits with tribal elders
- Coordinating training and workshops in tribal communities
- Participating and engaging in Tribal Task Force meetings

Caregiver Support

The Tribal Programs Specialist offers the following types of caregiver support:

- Providing assistance with Medicaid and health care coverage applications
- Providing applicants with information regarding tribal exemptions
- Helping coordinate respite care for family caregivers
- Through the caregiver support program, providing unpaid family caregivers with information and training opportunities

New Dementia Support Program

- NWRC provides support services and educational resources to elders living with dementia and their caregivers
- Through the Tribal Programs Specialist, the following services are available:
 - Montreal Cognitive Assessment – A free cognitive screening tool used for early detection of mild cognitive impairment
 - Dementia Friends – A campaign to tackle the stigma and lack of understanding around dementia
 - Dementia caregiving education that is culturally tailored for tribal communities in the region
 - Tribal research and sharing of information with tribal leadership to help develop strategic plans for addressing dementia in Indian Country



Questions?



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