



5 WAYS TO MAKE THE MOST OF YOUR HEALTH COVERAGE

Now that you have health coverage, here is what you can do to put your health first and live a long and healthy life.

1



CONFIRM YOUR COVERAGE

- ✔ Contact your health plan and/or state Medicaid office to ensure your enrollment is complete.
- ✔ Pay your premium if you have one, so you can use your health coverage when you need it.

2



KNOW WHERE TO GO FOR CARE

- ✔ Contact your health plan to see what services are covered, and what your costs will be.
- ✔ Read the *Roadmap to Better Care* to learn about key health insurance terms, like coinsurance, and deductible.

3



FIND A PROVIDER

- ✔ Find a primary care provider who takes your coverage. Remember you might pay more if you see a provider who is out-of-network.

4



MAKE AN APPOINTMENT

- ✔ Confirm your provider accepts your coverage.
- ✔ Tell them the name of the provider you want to see and why you want an appointment.

5



NEXT STEPS DURING AND AFTER YOUR APPOINTMENT

- ✔ Ask questions about your concerns and what you can do to stay healthy.
- ✔ Fill any prescriptions you need.
- ✔ Some drugs cost more than others. Ask in advance how much your prescription costs and if there is a more affordable option.



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